

## Stretching Exercises For Qualitative Researchers

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She teaches classes in qualitative research methods, curriculum theory and inquiry, and ethics in leadership. Her latest book, "Contemplative Qualitative Inquiry: Practicing the Zen of Research (2015) Left Coast Press, argues for the use of Zen approaches to qualitative inquiry cast as Contemplative Qualitative Inquiry.

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"Stretching" Exercises for Qualitative Researchers is an important text, and a must have for qualitative researchers. For my students—and myself—the opportunities to deepen the creative self provide essential tools for broadening our horizons of understanding and approaches to our participants, our work, and ourselves.

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**“Stretching” Exercises for Qualitative Researchers ...**

"Stretching" EXERCISES for Qualitative Researchers. Thousand Oaks, London and New Delhi: Sage Publications, xiii + 271 pages, ISBN 0-7619-2815-4 (paperback), £ 27.00 Abstract : If we accept that there are "harder" and "softer" forms of qualitative research, Valerie J. JANESICK's book is part of the softer side.

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